



Monday	Tuesday	Wednesday	Thursday	Friday
	2 Mini Pancakes w/ Warm Syrup	3 Cinnamon & Sugar Breakfast Rings	4 Warm Cinnamon Buns	5 Breakfast Pizza
	Crispy Chicken Tenders Dinner Roll Pudding Cup Baked Crinkle Fries Broccoli Bites w/ LF Ranch Dip	Nachos & Nuggets Baked, WG Chicken Nuggets Baked Tostito Scoops & Salsa Nacho Cheese Sauce Corn Cucumber Rounds w/ LF Dip	Mini Maple Burstin' Pancakes Jones Light Sausage Warm Syrup Sweet & Crunchy Poppers Baked Sweet Potato Fries Baby Carrots w/ LF Dip	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
Monday	Tuesday	Wednesday	Thursday	Friday
8 Mini Waffles w/ Syrup	9 Scrambled Eggs w/ Toast & Turkey Bacon	10 Cinnamon & Sugar Breakfast Rings	11 Mini Pancakes w/ Warm Syrup	12 Breakfast Pizza
Pasta & Mini Meatballs in Marinara Sauce Garlic Breadstick Green Beans Red Pepper Strips w/ LF Dip	Cheeseburger or Hamburger on WG Roll Lettuce, Tomato, & Pickles Baked Crinkle Fries Baby Carrots w/ LF Dip	Popcorn Chicken Bites w/ Dipping Sauces Warm Cornbread Carrot Coins Broccoli Bites w/ LF Dip	Macaroni & Cheese Dannon Yogurt Cup Teddy Graham Crackers Sweet Peas & Carrots Cucumber Rounds w/ LF Dip	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
Monday	Tuesday	Wednesday	Thursday	Friday
15 No School 	16 Cheese Omelet w/ Toast Breakfast Meal Choice of Cereal Warm Mini Muffin Yogurt, Cheese Stick & Fruit Warm Cinnamon Apples Cucumber Rounds w/ LF Dip	17 Cinnamon & Sugar Breakfast Rings Nachos & Nuggets Baked, WG Chicken Nuggets Baked Tostito Scoops & Salsa Nacho Cheese Sauce Corn Veggie Sticks w/ Southwest Dip	18 Warm Cinnamon Buns Italian Sampler Meatballs, Mozzarella Sticks Mini Cheese Ravioli Garlic Breadstick Green Beans Baby Carrots w/ LF Dip	19 Breakfast Pizza Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
Monday	Tuesday	Wednesday	Thursday	Friday
22 Mini Waffles w/ Syrup	23 Mini Pancakes w/ Warm Syrup	24 Cinnamon & Sugar Breakfast Rings	25 French Toast Sticks w/ Syrup	26 Breakfast Pizza
Cheese Filled Max Sticks w/ Warm Marinara for Dipping Carrot Coins Parmesan Poppers	WG French Toast Sticks Warm Syrup Sausage Links Tater Tots Cucumber Rounds w/ LF Dip	Soft Beef Taco w/ Cheese Lettuce, Tomato Fruit Churro Sweet Corn Broccoli Bites w/ LF Dip	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups	Systemwide 1/2 Day Professional Development No Lunches
Monday	Tuesday	Wednesday	Thursday	Friday
29 Mini Waffles w/ Syrup	30 Cheese Omelet w/ Toast	31 Cinnamon & Sugar Breakfast Rings	Weekly Alternative Lunch Choices: Mondays: Chicken Nuggets & WG Roll Tuesdays: French Bread Pizza Weds.: WG Bagel Lunch w/ Yogurt, Cheese Stk., CC, & Jelly Thursdays: Chicken Nuggets & WG Roll Fridays: Kayem Lite Hot Dog on WG Roll Daily Alternative Lunch Choices: Tossed Salad w/ Cheese Stick, Yogurt & Breadstick or Chicken Bacon Ranch Salad w/ Breadstick	
Kayem Hot Dog on a Roll Pudding Cup Vegetarian Baked Beans Cucumber Rounds w/ LF Dip	Chicken Tenders w/ Dipping Sauce Warm Cornbread Muffin Glazed Carrots Broccoli Bites w/ LF Ranch Dip	Nachos & Nuggets Baked, WG Chicken Nuggets Baked Tostito Scoops & Salsa Nacho Cheese Sauce Corn Red Pepper Strips w/ LF Dip		
If your child has a food allergy, you must contact the nurse's office at least yearly or as the condition changes.				
Breakfast - Choose the hot breakfast or from an assortment of breakfast pastry, reduced sugar or low sugar cereals, toast, yogurt, and fruit / juice.			WG = Whole Grain WW = Whole Wheat	

This institution is an equal opportunity provider.

Breakfast: \$2.00 (reduced \$.30) includes milk, fruit.
 Lunch: \$2.75 (reduced \$.40) includes milk/fruit/veg.
 Milk: \$.60 lowfat milk available daily.

Questions or suggestions-contact,
 Dawn M. Langtry, Food Service Director
 508-261-7400 x33124