



Jordan Jackson

October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1 French Toast Sticks w/ Syrup	2 Warm Cinnamon Bun	3 Cinnamon & Sugar Breakfast Rings	4 Cheese Omelet with Toast	5 Pancakes w/ Syrup
Eggo Mini Pancakes Jones Lite Sausage Warm Syrup	Crispy Chicken Patty Sandwich Lettuce & Tomato on WW Roll	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza	Professional Development 1/2 Day - No Lunches	Professional Development 1/2 Day - No Lunches
Hashbrown Patty Cucumber Rounds w/LF Dip	Sweet Potato Fries Broccoli Bites w/ LF Dip	Mixed Veggies Assorted Fruit & Veggie Cups	Mansfield Food Service is looking for part-time cafeteria help. Please contact Dawn Langtry 508-261-7400 x33124 or dawn.langtry@mansfieldschools.com	
Monday	Tuesday	Wednesday	Thursday	Friday
8 No School Columbus Day 	9 Waffles w/ Syrup	10 Cinnamon & Sugar Breakfast Rings	11 Breakfast Egg Sandwich	12 Pancakes w/ Syrup
	Cheeseburger or Hamburger on WG Roll Lettuce, Tomato, & Pickles	Nachos & Nuggets Baked, WG Chicken Nuggets Baked Tostito Scoops Nacho Cheese Sauce Mexican Rice	Munch Meal Cheese Stick, Wheat Thins Pepperoni, Fruit & Milk Warm Mini Apple Turnover	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza
	Baked Crinkle Fries Celery Sticks w/ Humus	Carrots Broccoli Bites w/ Ranch Dip	Potato Smiles Red Pepper Strips w/ LF Dip	Mixed Veggies Assorted Fruit & Veggie Cups
Monday	Tuesday	Wednesday	Thursday	Friday
15 French Toast Sticks w/ Syrup	16 Waffles w/ Syrup	17 Cinnamon & Sugar Breakfast Rings	18 Cheese Omelet with Toast	19 Warm Cinnamon Bun
Cheese Filled Max Sticks w/ Warm Marinara for Dipping	WG French Toast Sticks Warm Syrup Sausage Links	Popcorn Chicken Smackers w/ Corn, Mashed Potatoes & Gravy WW Dinner Roll	Soft Tacos Taco Meat, Salsa, Sour Cream Lettuce, Tomato & Cheese Soft Tortilla Wraps	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza
Green Beans Baby Carrots w/ Ranch Dip	Hash Brown Patty Cinnamon & Sugar Poppers	Mashed Potatoes / Corn Red Pepper Strips w/ LF Dip	Carrot Coins Cucumber Rounds w/ LF Dip	Mixed Veggies Assorted Fruit & Veggie Cups
Monday	Tuesday	Wednesday	Thursday	Friday
22 Mini Pancakes w/ Warm Syrup	23 Scrambled Eggs & Toast	24 Cinnamon & Sugar Breakfast Rings	25 Breakfast Egg Sandwich	26 French Toast Sticks w/ Warm Syrup
Crispy Pizza Crunchers w/ Marinara Dipping Sauce	Breakfast Munch Meal Choice of Cereal & Muffin Yogurt Cup Cheese Stick, Milk & Fruit	Nachos & Nuggets Baked, WG Chicken Nuggets Baked Tostito Scoops Nacho Cheese Sauce Mexican Rice	Macaroni & Cheese Dannon Yogurt Cup Teddy Grahams	Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza
Green Beans Cucumber Rounds w/ LF Dip	Warm Cinnamon Apples Red Pepper Strips w/ LF Dip	Carrots Broccoli Bites w/ Ranch Dip	Green Beans Hummus w/ Veggie Sticks	Mixed Veggies Assorted Fruit & Veggie Cups
Monday	Tuesday	Wednesday	Thursday	Friday
29 French Toast Sticks w/ Syrup	30 Warm Cinnamon Bun	31 Cinnamon & Sugar Breakfast Rings	Weekly Alternative Lunch Choices: Mondays: Chicken Nuaaets & WG Roll Tuesdays: French Bread Pizza Weds.: WG Baqel Lunch w/ Yoqurt, Cheese Stk., CC, & Jelly Thursdays: Chicken Nuggets & WG Roll Fridays: Kayem Lite Hot Dog on WG Roll Daily Alternative Lunch Choices: Tossed Salad w/ Cheese Stick, Yogurt & Breadstick or Chicken Bacon Ranch Salad w/ Breadstick	
Pasta & Sauce with Mini Meatballs and Texas Garlic Bread	Happy Halloween Kayem Lite Hot Dog on WW Roll Pumpkin Cookie	Systemwide 1/2 Day Professional Development		
Green Beans Cucumber Rounds w/LF Dip	Baked Beans Baby Carrots w/ LF Dip	No Lunches 		
If your child has a food allergy, you must contact the nurse's office at least yearly or as the condition changes.				
Breakfast - Choose the hot breakfast or from an assortment of breakfast pastry, reduced sugar or low sugar cereals, toast, yogurt, and fruit / juice.			WG = Whole Grain WW = Whole Wheat	

This institution is an equal opportunity provider.

Breakfast: \$2.00 (reduced \$.30) includes milk, fruit.
Lunch: \$2.75 (reduced \$.40) includes milk/fruit/veg.
Milk: \$.60 lowfat milk available daily.

Questions or suggestions-contact,
Dawn M. Langtry, Food Service Director
508-261-7400 x3124