



Monday	Tuesday	Wednesday	Thursday	Friday
	2 French Toast w/ Syrup Kayem Light Hot Dog on a WW Roll Goldfish Crackers Vegetarian Baked Beans Cucumber Rounds w/ Dip	3 Cinnamon Sugar Breakfast Rings Nachos & Nuggets Chicken Nuggets Baked Tostito Scoops Nacho Cheese Sauce Sweet Corn Baby Carrots w/LF Dip	4 WG Waffles w/ Warm Syrup Breakfast at Lunch Choice of Cereal, Warm Muffin & Yogurt Cheese Stick, Milk, Fruit Sweet Potato Fries Broccoli Bites w/ LF Dip	5 Warm Pillsbury Cinni Mini's Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
8 WG Mini Maple Pancakes Warm Syrup Macaroni & Cheese Dannon Yogurt Cup Green Beans Baby Carrots w/ Ranch Dip	9 Fresh Warm Cinnamon Buns Chicken Tenders w/ Dipping Sauce Warm Cornbread Glazed Carrot Coins Broccoli Bites w/ LF Dip	10 Cinnamon Sugar Breakfast Rings Pillsbury Mini Maple Burstin' Pancakes w/ Syrup Jones Lite Sausage Tater Tots Sweet & Crunchy Poppers	11 Cheese Omelet & Toast Italian Sampler Mozzarella Sticks, Cheese Ravioli & Mini Meatballs Garlic Breadstick Mixed Veggies Baby Carrots w/ Ranch	12 French Toast Sticks w/Syrup Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
15 No School 	16 Mini Maple Pancakes w/ Warm Syrup Munch Meal Wheat Thins, Cheese Stick Turkey Pepperoni Slices Fruit & Milk Mini Apple Turnover Sweet Potato Fries Broccoli Bites w/ LF Dip	17 Cinnamon Sugar Breakfast Rings Nachos & Nuggets Chicken Nuggets Baked Tostito Scoops Nacho Cheese Sauce Corn Mexican Bean Salad	18 WG Waffles w/ Warm Syrup Hamburger or Cheeseburger on WW Roll Lettuce, Tomato & Pickles Italian Ice Sidekick Potato Smiles Baby Carrots w/ Ranch Dip	19 Warm Pillsbury Cinni Mini's Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups
22 WG Mini Maple Pancakes Warm Syrup Crispy Cheese Filled Pizza Crunchers w/ Warm Marinara Sauce Green Beans Baby Carrots w/ LF Dip	23 Scrambled Eggs WW Toast WG French Toast Sticks w/ Syrup Jones Lite Sausage Links Hash Brown Patty Cucumber Rounds & LF Dip	24 Cinnamon Sugar Breakfast Rings Soft Beef Taco w/ Lettuce, Tomato & Cheese Fruit Churro Corn Cucumber Rounds & Ranch Dip	25 Fresh Warm Cinnamon Buns Pizza Cheese, Turkey Pepperoni, or Veggie Topped Pizza Mixed Veggies Assorted Fruit & Veggie Cups	26 French Toast Sticks w/Syrup 1/2 Day Systemwide Professional Development No Lunches Served
30 WG Mini Maple Pancakes Warm Syrup Pasta w/ Meatballs or Marinara Sauce Garlic Breadstick Pudding Cups Sweet Peas & Carrots Baby Carrots w/ Ranch Dip	31 Egg, Sausage & Cheese Breakfast Sandwich Kayem Light Hot Dog on a WW Roll Goldfish Crackers Vegetarian Baked Beans Cucumber Rounds w/ Dip	Cinnamon Sugar Breakfast Rings Nachos & Nuggets Chicken Nuggets Baked Tostito Scoops Nacho Cheese Sauce Sweet Corn Baby Carrots w/LF Dip	Daily Alternative Lunches: Monday: Chicken Nuggets w/ Dinner Roll Tuesday: French Bread Pizza Weds: WG Bagel Lunch w/Cheese Stick, Yogurt, CC, & Jelly Thursday: Tossed Salad w/ Popcorn Chicken and Breadstick Friday: Kayem Lite Hot Dog on WW Roll <i>Available Daily: Sunbutter Sandwich With or Without Jelly. Offered with Fruit, Vegetable & Milk ... \$2.75 (sunbutter is a "peanut free" alternative to peanut butter and is made from roasted sunflower seeds.</i>	
WW = Whole Wheat WG = Whole Grain			Breakfast - Choose the hot breakfast or from an assortment of breakfast pastry, reduced sugar or low sugar cereals, toast, yogurt, and fruit / juice. \$2.00 All breakfasts come with milk.	
All lunches include, Milk, Choice of Whole or Chilled Fruit, and Two Vegetable Choices.				
This institution is an equal opportunity provider				

Breakfast: \$2.00 (reduced \$.30) includes milk, fruit.
 Lunch: \$2.75 (reduced \$.40) includes milk/fruit.
 Milk: \$.60 lowfat milk available daily.

Questions or suggestions-contact,
 Dawn M. Langtry, Food Service Director
 508-261-7400 x3124